

Original Article

Rhinoscleroma: a detailed histopathological diagnostic insight

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Abstract: Rhinoscleroma (RS) is a chronic specific disease of nose and upper respiratory passages caused by *Klebsiella rhinoscleromatis* bacilli. It is endemic in Egypt and in sporadic areas worldwide. Diagnosis of RS depends on identification of the pathognomonic Mickulicz cells (MCs) which is most prominent during granulomatous phase but spares or absent during catarrhal or sclerotic phases of the disease. This study aimed to identify the potential diagnostic features of nasal RS when MCs are absent. Nasal biopsies from 125 patients complaining of chronic nasal symptoms were retrieved for this study; including 72 chronic non specific inflammatory lesions and 53 RS diagnosed by PAS and Geimsa stains. The detailed histological differences among the two groups were measured statistically. RS was frequently a bilateral disease ($P < 0.05$) of young age ($P < 0.001$) with a female predominance ($P < 0.05$) and usually associated with nasal crustations ($P < 0.001$). Five strong histological indicators of RS were specified by univariate binary logistic regression analyses including squamous metaplasia (OR 27.2, $P < 0.0001$), dominance of plasma cells (OR 12.75, $P < 0.0001$), Russell bodies (OR 8.83, $P < 0.0001$), neutrophils (OR 3.7, $P < 0.001$) and absence of eosinophiles (OR 12.0, $P < 0.0001$). According to Multivariate analysis, the diagnostic features of RS in absence of MCs can be classified into major criteria including dominance of plasma cells infiltration and absence of eosinophiles and minor criteria including young age, female gender, bilateral nasal involvement, nasal crustation, squamous metaplasia, Russell bodies, and neutrophils. The diagnostic model using the two major criteria confirmed or excluded RS in 84.3% of the investigated cases.

Keywords: Rhinoscleroma, early diagnosis, absent Mickulicz cells, major and minor diagnostic criteria

Introduction

Rhinoscleroma (RS) is a chronic specific granulomatous disease of the upper respiratory tract. It is an endemic disease in Egypt as well in sporadic areas worldwide including Central America, Chili, Central Africa, India, Indonesia and Middle East countries [1-4]. The bacilli *Klebsiella rhinoscleromatis*; first described by Von-Frisch in 1882 [5] is the causative organism of RS. The exact pathogenesis of the disease is unclear, but infection is usually associated with crowded conditions and poor hygiene [6, 7].

Clinically, RS is a slowly progressive disease with insidious onset and indolent course affecting primarily the nasal cavity in 95 to 100% of cases with or without involvement of the nasopharynx, nasal sinuses, pharynx, larynx, trachea and bronchi [1, 8]. Isolated laryngo-tra-

cheal RS without nasal involvement has been rarely reported [9]. The disease usually presents in the second and third decades of life, with a female predominance. It passes through three sequential but overlapping clinico-pathological phases: catarrhal/rhinitic, granulomatous/florid and sclerotic/cicatrical. Patients presented at initial catarrhal phase have features of non-specific rhinitis that evolves to chronic foul purulent discharge, repeated epistaxis, nasal obstruction, crustation and granulation as granulomatous phase develops. The clinical features of nasal RS are most prominent during granulomatous phase that usually develops several months or even years after infection with frequent remissions and relapses. If not treated early, the disease progresses to the final sclerotic phase where permanent complications including nasal deformities, anosmia, oral anesthesia, dysphonia, dysphagia and stridor could happen [10-13].

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The presenting features and imaging techniques provide a presumptive diagnosis of RS but histopathological examination remains the mainstay for final definitive diagnosis. Catarrhal stage shows a nonspecific sub-epithelial infiltrate of polymorphonuclear leukocytes with granulation tissue. The diagnostic histological changes of RS are only seen during granulomatous phase. These include dense infiltration by lymphocytes, plasma cells, Russell bodies and the pathognomonic large Mikulicz cells; foamy macrophages with numerous cytoplasmic vacuoles containing viable and nonviable *Klebsiella* bacilli. Mickulicz cells are sparse or absent in the initial catarrhal and final sclerotic stages and most abundant during the second proliferative phase. Extensive fibrosis and less inflammatory cell infiltration are the main histological findings in the fibrotic phase [10, 11, 14, 15]. If numerous, the organism can be visualized within Mickulicz cells by H&E staining, however, intra-cytoplasmic bacilli are best demonstrated by special staining using periodic acid-Schiff (PAS), Geimsa, Gram, silver or Warthin-Starry stains. More specifically, type III *Klebsiella* antigen can be detected by immunohistochemistry and the tissue culture can demonstrate the organism in about 50% of cases in particular at the granulomatous stage of the disease [14-16].

Early diagnosis and treatment of RS are necessary to avoid progressive and destructive complications of the disease. Apart from culture studies, other diagnostic techniques are based predominantly on detection of Mickulicz cells. Hence, histological confirmation of RS is challenging when Mickulicz cells are deficient. In addition, foamy histiocytes that simulate Mickulicz cells are readily seen in other granulomatous lesions of the upper aerodigestive regions including leprosy, tuberculosis, Wegener's granulomatosis and sarcoidosis [6, 14, 17]. This study was designated to investigate the detailed pathological changes of RS in order to identify the potential early histopathological diagnostic features of the disease when Mickulicz cells are absent.

Materials and methods

This is a retrospective study conducted within Departments of Pathology at Sohag University Hospital, Upper Egypt. Approval to perform this work was obtained from the institutional Rese-

arch Ethical Committee. Data of clinical history and examination were obtained from patients' clinical files. All patients underwent nasal punch biopsies at Ear, Nose and Throat (ENT) department for diagnostic purposes of chronic nasal symptoms between January 2011 and December 2013 using endoscopic examination with 0° and 30° telescopes. The inclusion criteria were clinical suspicious of rhinoscleroma and unexplained long standing nasal manifestations including nasal obstruction, nasal crusting or repeated epistaxis. Presence of benign or malignant neoplastic lesions was the main exclusion criterion.

Formalin-fixed paraffin-embedded tissue blocks of nasal biopsies of 125 patients were included in this study. Sections of 5 µm thickness were stained with PAS (DDK Italia, code 14-122) and Geimsa stains (DDK Italia, code 14-120) for identification of *Klebsiella rhinoscleromatis* organism and for acid fast bacteria stain (Biostain ready reagent Ltd, KT 021) to exclude possibility of mycobacterium infection. All staining steps were performed at room temperature. Briefly, the tissue sections were deparaffinized in xylene, rehydrated in down-graded alcohol and rinsed in distilled water for two minutes. For PAS stain, the sections were incubated in periodic acid for 10 minutes, washed in distilled water, incubated in Schiff reagent for 15 minutes followed by differentiation in two changes of sodium metabisulphide. The sections were then washed twice in distilled water and counterstained by Mayer hematoxylin. For Geimsa stain, the sections were incubated in working Geimsa solution for 20 minutes, washed in distilled water before differentiation in 0.5% acetic acid. For acid fast bacilli stain, the sections were incubated in carbol fuchsin solution for 15 minutes, rinsed thoroughly in tap water, differentiated for seconds in 1% acid alcohol and washed in running tap water for 1 minute before staining by methylene blue for 1 minute. All sections were then dehydrated in up-graded alcohol, cleared in xylene and mounted as usual.

The H&E stained sections and sections stained with special stains were evaluated by two pathologists independently without prior knowledge of the clinical data. The detailed histopathological findings including status of covering epithelium, intensity of inflammatory reaction, type and relative dominance of inflamma-

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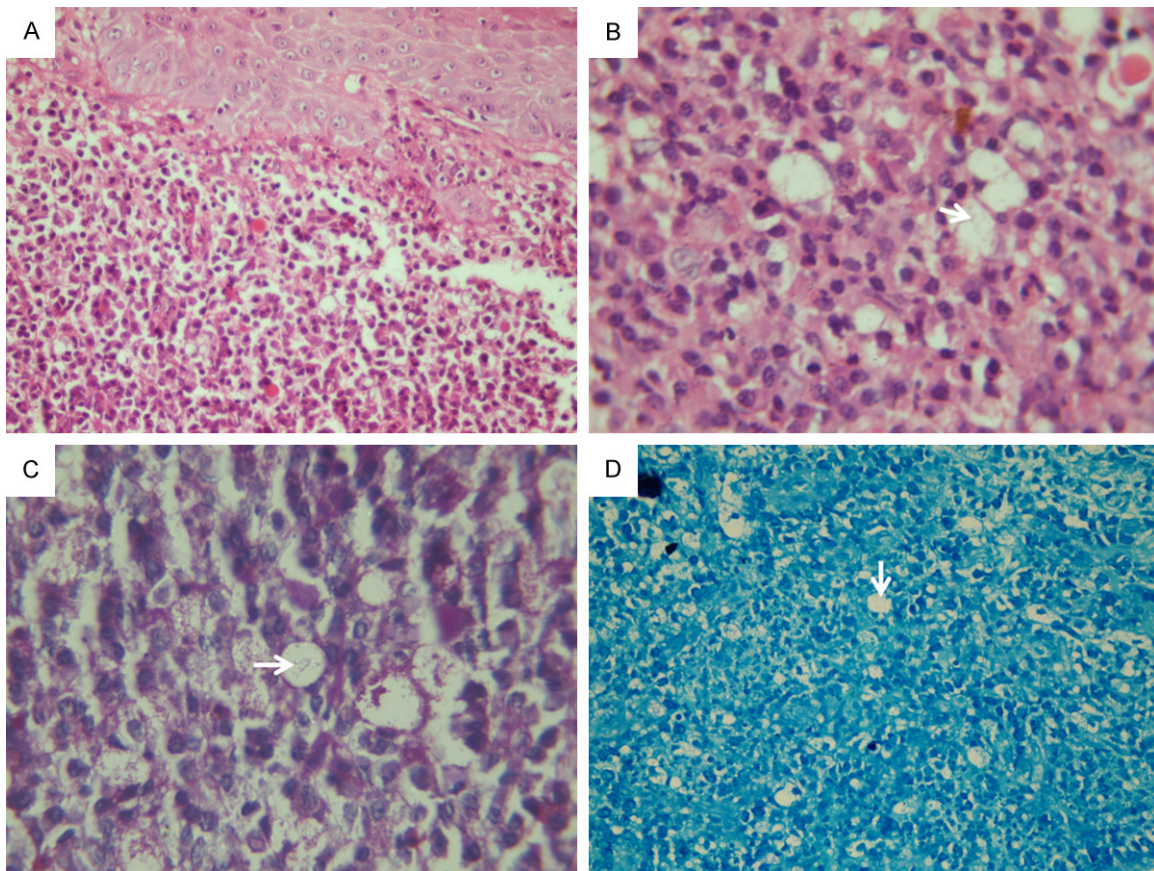


Figure 1. Dominance of plasma cells and squamous metaplasia (A), dominance of plasma cells and absence of eosinophiles (B) and demonstration of *Klebsiella Rhinoscleromatis* bacilli within Mickulicz cells by H&E (B), PAS (C) and Geimsa (D) stains (arrows). Magnification is $\times 400$ (A and D) and $\times 1000$ (B and C).

tory cells and presence of fibrosis were evaluated. For identification of *Klebsiella* organism; PAS-stained red or purple cytoplasmic rods or Geimsa-stained blue cytoplasmic rods were considered positive.

The commercially available statistical software (IBM-SPSS version 19.0 for Windows; IBM Inc) was used for data analysis. The frequency of a categorical observation among non specific inflammatory and rhinoscleroma groups was compared by Chi-Square Test (χ^2). Association among different groups was tested by Spearman's rho correlation co-efficient and Mann-Whitney *U* Test was used to compare continuous variables among different study groups. To adjust the potential diagnostic variables of rhinoscleroma and to single out independent diagnostic factor(s), univariate and multivariate binary logistic regression analysis were undertaken by stepwise selection. The cut-off for significance of all used statistical analyses was rated as $P < 0.05$.

Results

A total of 125 tissue biopsies were retrieved for this study including 79 females and 46 males. The patients' age ranged between 12 and 72 years with a mean (SD) value of 37.07 (16.9) years and a median value of 35 years. Most of the patient's (89.6%) had combined nasal complaints; the most frequent of which was nasal obstruction that had been reported in 104 patients. Nasal discharge, nasal granulation/crustation, repeated epistaxis and nasal polypi were reported in 80, 62, 21 and 28 patients, respectively. Most of the patients ($n = 71$) had bilateral nasal manifestations while unilateral right or left side nasal symptoms were reported in 30 and 24 patients, respectively.

The provisional clinical assessment suspected RS in 68 patients and the remaining were reported as chronic non specific inflammation. Based on detection of Mickulicz cells in the

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Table 1. The clinical and histopathological features of the investigated cases

Variable	All cases	Rhinoscleroma (n = 53)	Other inflammatory lesions (n = 72)	P value
<i>Clinical features</i>				
<i>Age (years)</i>				
<i>Minimum</i>	12	12	14	
<i>Maximum</i>	72	60	72	0.01**
<i>Mean (SD)</i>	37.1 (16.9)	31.3 (14.2)	42.3 (17.6)	
<i>Median</i>	35	25	40	
<i>Sex</i>				
<i>Female</i>	79	30	40	0.039*
<i>Male</i>	46	32	14	
<i>Affected side</i>				
<i>Unilateral</i>	54	17	37	0.031*
<i>Bilateral</i>	71	36	35	
<i>Nasal obstruction</i>				
<i>Yes</i>	104	44	60	0.96*
<i>No</i>	21	9	12	
<i>Nasal discharge</i>				
<i>Yes</i>	80	34	46	0.98*
<i>No</i>	45	19	26	
<i>Epistaxis</i>				
<i>Yes</i>	21	10	11	0.59*
<i>No</i>	104	43	61	
<i>Nasal crustation</i>				
<i>Yes</i>	62	38	24	0.0001*
<i>No</i>	63	15	48	
<i>Nasal polyp</i>				
<i>Yes</i>	28	0	28	0.0001*
<i>No</i>	97	53	44	
<i>Histological findings</i>				
<i>Covering epithelium</i>				
<i>Columnar</i>	39	2	37	
<i>Squamous</i>	79	47	32	0.0001*
<i>Shedded</i>	7	4	3	
<i>Inflammatory reaction</i>				
<i>Dense</i>	78	37	41	
<i>Moderate</i>	47	16	31	0.142*
<i>Lymphocytes</i>				
<i>Yes</i>	125	53	72	
<i>No</i>	0	0	0	NA
<i>Plasma cells</i>				
<i>Yes</i>	125	53	72	
<i>No</i>	0	0	0	NA
<i>Russel bodies</i>				
<i>Yes</i>	48	35	13	
<i>No</i>	77	18	59	0.0001*
<i>Esinophiles</i>				
<i>Yes</i>	57	8	49	
<i>No</i>	68	45	23	0.0001*

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<i>Neutrophiles</i>				
Yes	60	35	25	
No	65	18	47	0.001*
<i>Dominant inflammatory cell</i>				
Lymphocytes	38	4	34	
Plasma cells	65	39	26	
Mickulicz cells	10	10	0	0.0001*
Esinophiles	12	0	12	
<i>Fibrosis</i>				
Yes	49	20	29	
No	76	33	43	0.774*

* Chi Square test, ** Spearmann's rho correlation co-efficient test.

Table 2. Diagnostic indicators of RS based on univariate regression analysis

Variable	95% CI		Odds ratio	P value
	Upper	Lower		
Female versus male patient	4.80	1.03	2.23	0.041
Age ≤ 25 versus Age > 25 years	6.14	1.37	2.90	0.006
Bilateral versus unilateral nasal symptoms	4.69	1.07	2.24	0.033
Presence of nasal crustation	10.97	2.34	5.07	0.0001
Presence of squamous metaplasia	120.82	6.11	27.17	0.0001
Plasma cell-dominant versus lymphocyte-dominant inflammatory reaction	40.21	4.04	12.75	0.0001
Presence of russell bodies	20.18	3.86	8.83	0.0001
Presence of neutrophiles	7.71	1.73	3.66	0.001
Absence of oesinophiles	29.49	4.87	11.98	0.0001

standard H&E stained sections, the patients had been classified into three categories; patients diagnosed as RS (n = 38), patients diagnosed as chronic non specific inflammatory lesions (n = 60) and patients suspected for RS (n = 27) and required special staining for confirmation. The final diagnosis of all patients was established after special staining using PAS, Geimsa and MZN stains. RS bacilli were demonstrated by PAS and Geimsa in 53 cases and absent in the remaining cases which were considered as chronic non specific inflammatory lesions (**Figure 1**). None of the tissue samples showed positive intracellular organism for MZN stain.

Different clinical parameters and histological findings of RS and chronic non specific inflammatory lesions have been compared (**Table 1**). RS is a disease of young age (Mann-Whitney U, $P = 0.001$) with a significantly lower mean and median age for RS patients compared to patients with other chronic inflammatory lesions (Spearmann's rho correlation coefficient = 0.288, $P = 0.01$). Additionally, RS tends to be

more incident among females than males [χ^2 (2) = 4.27, $P = 0.039$] and more frequently a bilateral nasal disease [χ^2 (2) = 4.64, $P = 0.031$]. Although both RS and other inflammatory lesions were presented with combined clinical features, nasal crustation was significantly more incident in RS patients [χ^2 (2) = 17.97, $P = 0.001$] while nasal polyps were significantly more frequent in inflammatory lesions other than RS [χ^2 (2) = 26.56, $P = 0.001$].

On histological evaluation, strong and moderate inflammatory reactions were reported in 78 and 47 cases, respectively and superimposed acute inflammatory reaction was recorded in 60 cases of which one showed dense infiltration by neutrophiles. Although all biopsies showed infiltration by plasma cells and lymphocytes, the dominant inflammatory cells were plasma cells in 65 lesions, lymphocytes in 38 lesions, Mikulicz' cells in 10 lesions and oesinophiles in 12 lesions. Both plasma cells and lymphocytes were distributed evenly through the lesions. The covering epithelium was columnar (n = 39), with squamous metaplasia (n =

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79) or completely shedded in 7 cases. None of the evaluated biopsies showed epithelial dysplasia. Mild background fibrosis was detected in 49 cases. Miklicz' cells were identified by H&E stain in 37 cases and suspected in 28 cases of which 16 were confirmed by PAS and Geimsa stains. Statistically, plasma cells predominated more frequently in biopsies of RS and lymphocytes predominated in other inflammatory lesions [$\chi^2 (2) = 24.14, P = 0.001$]. Other cellular components that are strongly associated with rhinoscleroma were presence of Russell bodies [$\chi^2 (2) = 29.71, P = 0.001$] and neutrophiles [$\chi^2 (2) = 11.99, P = 0.01$]. On the other extreme, eosinophiles are usually absent or scarce in cases of rhinoscleroma and their presence suggests other inflammatory lesions [$\chi^2 (2) = 34.52, P = 0.001$].

The diagnostic accuracy of different clinical and histological features other than presence of MCs was measured using Binary Logistic regression analysis. According to univariate regression analyses (**Table 2**), female patients aged less than 25 years presented with bilateral nasal symptoms including nasal crustation and histologically showed squamous metaplasia, dominant plasma cell infiltrate in addition to Russell bodies and neutrophiles with absence of eosinophiles have almost RS infection.

The relative importance of these nine variables; age, sex, bilateralism, nasal crustation, dominance of plasma cells as well as presence of squamous metaplasia, Russell bodies, neutrophiles and absence of eosinophiles to diagnose RS regardless presence of MCs was tested by forward stepwise multivariate binary logistic regression analysis. Of these parameters, dominance of plasma cells followed by absence of eosinophiles is the strongest diagnostic indicators of RS infection. The diagnostic model using these two variables was able to accurately confirm or exclude RS in 84.3% of the investigated cases. This percentage rose to 87% when the nine parameters were included in the diagnostic model.

Based on these models diagnostic features of RS in absence of MCs can be classified into major criteria including dominance of plasma cells infiltration and absence of eosinophiles and minor criteria that include young age, female gender, bilateral nasal involvement,

presence of squamous metaplasia, presence of nasal crustation, presence of Russell bodies, and presence of neutrophiles.

Discussion

Rhinoscleroma is a chronic indolent infection of the nose and upper respiratory passages. It has been frequently described as a rare disease; therefore, national and international epidemiological data are scarce [1, 18]. In this study, 53 cases of RS were diagnosed during three years period in only one medical center across south of Egypt; which could argue against rarity of this disease at least in Egypt. Gaffar *et al* [8] reported 56 new cases of RS in one main medical center at north of Egypt along 10 years period which is likely less than the number recorded in this study and implies that RS is more incident in Upper Egypt. The reported rarity of RS could be explained by its diagnosis only after full development of the characteristic clinical and pathological features. Cases at the pre-diagnostic stage that usually extends for months or years [1, 13, 18] and could involve larger number of individuals are not always considered among RS patients. This study was designated to find out reliable histological diagnostic criteria of RS regardless detection of MCs-rich inflammatory reaction of the disease.

The general clinical features of our investigated RS patients; being more common in young age, more incident among females and presents predominantly by bilateral nasal discharge and nasal crustation are concordant to previously reported studies [8, 11, 14]. Moreover, the histological findings reported in this study are consistent with the previously agreed criteria for diagnosis of RS [10, 14, 15, 19, 20]. Identification of MCs is the pathognomonic histological criterion for diagnosis of RS. However, detection of MCs in H&E stained sections is sometimes challenging particularly in the early catarrhal or late fibrotic stage of the disease [10, 13, 14]. Thirty eight of RS patients in this study were at florid stage of the disease while no MCs could be detected by H&E staining in the remaining 15 cases that represent a considerable fraction of RS patient's with suspicious clinical features. On the other hand 12 patients of non specific inflammatory nasal lesions were suspected for RS with H&E staining. This finding ensures that long standing

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chronic non specific inflammatory lesions of the nose, which is far more common than RS could be confusing histologically with RS when MCs are absent. Overall, it was difficult to identify/exclude MCs by the basic H&E staining in 27 (21.6%) of the investigated cases and special staining of the bacilli was required for confirmation. Several clinical and histological findings could favor diagnosis of RS over other chronic non specific inflammatory lesions (**Table 1**). According to univariate and multivariate analyses, the diagnostic features of RS in absence of MCs can be classified into major criteria including dominance of plasma cells infiltration and absence of eosinophiles and minor criteria that include young age, female gender, bilateral nasal involvement, presence of nasal crustation, presence of squamous metaplasia, presence of Russell bodies and presence of neutrophils. The diagnostic model using the two major criteria confirmed or excluded RS accurately in 84.3% of the cases. Abalkhail A et al [15] reported that plasma cells are more prominent than lymphocytes in biopsies of 29 investigated cases of RS. In his 55 investigated patients, Pattankar et al [19] reported that lymphocytes and plasma cells were seen consistently along with MCs in all RS cases while eosinophils were occasionally seen in only three cases. Even during the granulomatous phase of RS, the demonstrated MCs are usually much less numerous in places of heavy plasma cell infiltration [21]. In addition, Russell bodies which are frequent histological findings in RS are originally modified plasma cell [22]. All these provided data support our proposed importance of plasma cells as a reliable diagnostic finding of RS. The exact reason for dominance of plasma cells compared to lymphocytes in cases of RS is unclear. Berron et al [23] showed that cellular immune response is defective in cases of RS with reduced CD4/CD8 ratio and diminished T cell response. The histiocytes fail to transform to epithelioid cells that have powerful phagocytic and defensive effect against the organism. In the same context, it has been showed that humoral immunity which is based mainly on functioning plasma cells is the main response against RS infection; which could explain plenty of plasma cells in RS inflammatory reaction [24, 25].

Rhinoscleroma is a diagnostic and therapeutic challenge due to its chronic course, need for

prolonged treatment and repeated relapses [1, 14]. In his case series, Tan et al [26] concluded that early detection is essential for proper treatment of this disease. The duration of exposure to the organism during which living in an endemic area or in close contact with an affected patient is very long and the period between occurrence of symptoms and diagnosis of the disease may extend from months to years [18]. Our proposed diagnostic scheme can be applied for early detection of RS before development of full-blown histological features of the disease. Furthermore, it can be used for screening of high risk individuals in endemic areas from whom culture studies are mostly negative. Early diagnosis of such cases would reduce duration of treatment, reduce rates or prevents relapse and prevent progression and complications of the disease. This diagnostic scheme can be also applied for early detection and treatment of the relapsed cases which could even help eradication of the disease.

To conclude, RS is not a rare disease among Egyptians. Dominance of plasma cells and absence of eosinophiles in biopsies from patients with chronic nasal symptoms should raise the possibility of RS regardless detection of MCs particularly in endemic areas.

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Disclosure of conflict of interest

None.

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